



## Shredda's: Skills Coaching Clinics April 2019

Our Shredda's Skills Coaching Clinics are aimed at the more experienced riders looking to progress their skills to the next level. The emphasis is on Mountain Biking & they will need to be confident riders. Structured Bike coaching from our professional & experienced Instructors.

*Suggested age range 9-14yrs. Please note this is indicative only, talk to us if you are unsure if your child is suitable, it's based on riding ability than calendar age.*

### LOCATIONS:

- **Parklands Conservation Park, Nambour** (entrance from the carpark on Radar Hill Rd)
- **Victory Heights Trails, Gympie** (carpark on Gympie Connection Road)

### TIMINGS:

- 1Day Clinic: 9am – 2pm (5hrs). Parklands Conservation Reserve.
- 2hr Clinic(1-3pm) @ Victory Heights Trails

### RIDING ABILITY:

Groups will be streamed based on riding ability with 1 Bike Instructor per group of 6-10Kids.

### COST (10% sibling discounts available):

- \$90 for the 1Day Clinic(5hrs)
- FREE for the 2hr Clinic (Victory Heights Trails – location tbc) – part of the Gympie Council Holiday Program

### HIGHLIGHTS & INCLUSIONS:

- Structured Bike coaching from our professional & experienced Staff. 1 dedicated Bike Coach per group of 10Kids. Groups steamed based on riding abilities.
- Bring your own bike or talk to us if you need a bike (small fee applies to cover servicing \$25 per bike)
- Any photo's taken will be emailed at the end of each Clinic.
- The Clinics are designed to **improve, motivate & inspire** while taking MTB skills to the next level.

### Bike On:

As a professional organisation we have qualified & experienced Coaches who work on a regular basis with School Age Students. All Bike On staff hold current First Aid certificates & Blue cards. As a professional organisation we have Public Liab Insurance & Professional Indemnity plus the appropriate commercial activity permits.

